How to get started?

If you are a nurse or a student:

You may create your own profile and then access the MYORCO platform.

But be careful! This account will give you access only to the basic corpus (videos, photos of instruments), but you will not be linked to an operating theatre. In other words, you will not be able to benefit from all the adaptations that your operating theatre manager may have made to MYORCO.

To benefit fully from MYORCO, it is in your interest to be registered in a specific operating theatre. To do this, the person in charge of your operating theatre should send you an invitation to join your establishment's MYORCO account.

If you are a charge nurse/manager/teacher and want to create a team:

- 1. If your institution already has an account on MYORCO:
 - o Contact your institution's MYORCO coordinator to register you as a charge nurse, manager or teacher.
 - o You can then create your team.
- 2. If your institution does not yet have a MYORCO account:
 - o Decide within your institution who will take on the role of MYORCO coordinator. The MYORCO coordinator can be an administrator, manager, educator etc. The MYORCO coordinator can also be the manager/charge nurse/teacher (combined role of MYORCO coordinator and manager/charge nurse/teacher).
 - o The role of the MYORCO coordinator is to register the institution on the MYORCO platform and to register the institution managers/charge nurses/teachers so that they can then create a team on MYORCO and add/modify content. The institution coordinator cannot view videos, modify or add content.
 - o If the MYORCO coordinator is the same person as the manager/charge nurse/teacher: they log in as the coordinator and then register themselves as the manager/charge nurse/teacher (they can use the same email address). Then, when they log in, they will have to choose whether they want to log in as the institution's coordinator or manager/charge nurse/teacher.

How can the MYORCO online tool be included in nurses' professional development?

First step for the head nurse/manager:

- create a MYORCO account
- create a team in MYORCO
- become familiar with the tool

During the welcome interview with the new team member:

- Explain the principle of the MYORCO tool
- Invite them to join the team on MYORCO (send them an invitation)
- Help them to create access and use the tool

During the initial interview:

- Discuss the technical skills acquired or to be developed with the new team member.
- Explain the objectives and clarify the expectations in relation to the various techniques. Example: In order to provide safe, quality patient care, this is how we expect the procedure to be performed: ...
- If a gap in competence is identified in relation to a practice, ask the person to consult the MYORCO tool and the specific resource. The MYORCO tool will help the person to achieve the desired objective by clarifying the objective and the explanations in the videos.
- Agree on the priority practices to work on and draw up a training/professional development plan.

During progression interviews:

- Debrief in relation to the materials consulted (videos, photos, resources). Are there any questions that remain? Has he/she seen other practices? ...
- Application of the technique in the field, under the supervision of a tutor, followed by a debriefing (what has been learnt, what needs to be improved). Explain the person's reasoning. If necessary, review the technique on MYORCO with the tutor in order to create an exchange based on a visual aid.
- Re-apply the technique in the field, under the supervision of a tutor if practice has not yet been acquired.
- During subsequent progression interviews: discuss the development of the nurse's technical skills and adapt the training/professional development plan in consultation with the nurse, the tutor and the charge nurse/manager.